



NEWSLETTER

STUDENT NEWS FROM BALRANALD CENTRAL SCHOOL

1 December 2020 ISSUE 18

INSIDE

- Principal's Ponderings (page 2)

Absences

If your child is absent you can send an SMS to school number 0419 420 286.



FOR SALE

Fresh farm eggs
\$4

Available at the
front office

Last day of school
for students is
**Wednesday, 16th
December**



Education

Class of 2020



Photo courtesy of Remi Jordan Photography

The Year 12 graduating class of 2020 - Drew Lloyd, Keely Gaston, Abbie Renfrey, Faith Jolliffe, Jenae Johnstone, Jordan Woods, Isabella Scalora, Lani Dalton and Dartanian Pocock held their formal on Friday, 27th November at the Henry Talbot Restaurant. The night was hosted by the new School Captains, Macy Lloyd and Seth Paton and was attended by family and BCS staff. Congratulations Class of 2020, we wish you well in your future endeavours as you approach the next stage of your life after school.



Photo courtesy of Remi Jordan Photography

PRINCIPAL'S PONDERINGS

It's such a relief to start December with more restrictions being lifted, both in schools and in the community, and to see how life might be able to return to 'normal'. The Director of Education released a draft plan this week as to what Term 1 next year MIGHT look like, if things remain stable over Christmas holidays. This will definitely pave the way for parents and other visitors being able to be back in at school. Hooray!

One outcome from this year is that I've heard more about/or from the various state premiers than ever before. I thought this would be a good starting point for a look forward and backwards this week.

ANNASTACIA PALASZCZUK (Qld): "AFL Grand Final. TICK. State of Origin final. TICK. Frog Sculpture opening. TICK"

Year 3/4 students, Mr Graham Longford, Mrs Dimity Cimino and Vinci Ugarte (our Yr 10 Work Experience student) were special guests at the official unveiling of the Swampy the Frog sculpture in Market Street. Look out for the photo in the newsletter. It was not only a privilege to see the beautiful behaviour being shown at the ceremony, but to also hear the wonderful reports back on the GREAT activities that were run by the Pretaurus Education Group, as well as see Jackson Bialobrzski host the official ceremony. A big thank you to Mr Gavin Helgeland for including BCS in the day.

PETER GUTWEIN (TAS): "Yes, been here all along. Life going on as normal"

Year 10 Work Experience was able to go ahead for Week 8 and 9 of this term. Reports back on day 1 and 2 have been good – a definite thumbs up. Keep an eye out for our students as they're out & about.

MARK MCGOWAN (WA): "Close the gates and let's have some fun"

On Friday, Indigenous activities were held during a super-sized lunch break in the top quad. Art activities, the NAIDOC colouring competition winners were announced, as well as talented musicians (and beat-boxers) entertaining the crowd. A cold drink and an ice block were a hit on such a HOT day. Huge thank you to Mrs Danelle Gervasi, Mrs Amelia Calleja, Mrs Pam Barker, Mr Kobe Lloyd, Miss Laura Tolley and Mrs Kristy Helgeland and others who helped with the day.

STEVE MARSHALL (SA): "Just when we thought something wasn't going to happen...it did!"

Year 12 students – Class of 2020 – as well as their families and Year 12 teachers gathered at the Henry Talbot Restaurant to celebrate the end of schooling at

BCS. All students looked simply amazing and were amazing, as well. Their incredible \$1000 donation to Can-Assist was accepted by Mrs Jenny Blake. This group has left their mark here at school – and now they are making a difference in our local community.

GLADYS BEREJIKLIAN (NSW): "Oops.. I think I've learned a LOT from THAT mistake"

I've been spending a bit of time over the past fortnight looking at reports for K-10. As a result of this, I have also touched base with secondary students about the importance of making sure all tasks that are set are done to the best of a student's ability... and then handed in! All of the students could see that a sure-fire way of getting a ZERO in a task is by not submitting it. This is an area that we will continue to focus on in 2021. Please take time to discuss this with your children when reports go home – fingers crossed this will be on Friday 11th. Stay tuned on Skoolbag to know when to look for them in schoolbags 😊

DANIEL ANDREWS (VIC): "OK. Let's get things back to normal. HOORAY"

This is always a busy time at the end of any school year, and our 'big ticket items' are still taking place. Albeit with some changed conditions. The **Intensive Swimming program** kicks off on Wednesday 2nd. Our **Presentation Night Day** will be in the hall from 10.30 on Monday 14th. Due to COVID restrictions, and families not being able to attend, we will be publicising the wonderful winners in regular updates on the day, as well as an official copy of the program. The BCS **Beach Carnival** has been postponed until T1 2021. The **Year 6 Grad** is able to take place at 9.30 on Monday 14th, with one parent ONLY able to attend – this is the case as only Primary students will attend in the hall. **Class parties** are happening in Primary on Friday 11th. Class teachers will advise of all plans later this week.

Nadine Matarazzo

A SUGGESTION FOR ALL THOSE MEDALS THE OLYMPICS WON'T BE NEEDING THIS YEAR...



ROWING REPORT 9-13 November 2020 – Ian Backhouse

It has been another exciting week of rowing with the students of Balranald Central School. All students involved should be congratulated on their efforts in and out of the surfboats. It is always a pleasure to coach students with such good manners who are always respectful and grateful for new opportunities.

Over the course of the week, I coached seven crews as follows:

Crew 1: Tyler Barrett, Jack Dowling, Taylor Lewis & Brodie Dixon

Crew 2: Lachlan Camin, Jack Helgeland, Camden Matarazzo & Chance Charles

Crew 3: April Manning, Akita Holness-Reyland, Bonnie Jolliffe & Macy Lloyd

Crew 4: Molly Helgeland, Christina Scalora, Sienna Charles

Crew 5: Prue Harper, Bailey Knight, Shelley Dalton & Micaela Ricevuto

Crew 6: Mason Anderson, Alex Calleja, Matthew McIvor-Kepa & Stuart Matarazzo with additional members on Friday of Mason Dalton and Jackson Bialobrzski

Crew 7: Lachlan Camin, Isaac Longford, Logan Gaston & Chance Charles

What wonderful groups of young people to work with!

Conditions on Lake Marimley ranged from calm with a slight breeze to a Force 6 Gale on Wednesday afternoon. I congratulate Crew 6 the senior boys who braved those conditions similar to those experienced at the Australian Surf Titles at Scarborough Beach Perth WA in 2009. That day on Lake Marimley will also be remembered as **Big Wednesday!**

Most of the sessions on the lake were held in manageable conditions for novice rowers and everyone progressed improving their skills. The rowing stroke is unique and a significant level of concentration is required to get it right and be exactly in time with your other crew members. I ran sessions for each crew on the Ergometers (static rowing machines) that Mr Comi has kindly provided and the students went through the elements of the rowing stroke and had the opportunity to practice the catch, drive (push with legs/feet and back while arms straight mostly), finish (hands down and away and rock shoulder over hips) and the recovery (slowly back up the slide). I encourage all rowers to work in pairs with their crew mates on perfecting the stroke together in unison on the Ergometers. Bow pair together ie No.1 and No. 2 oarspersons and Stroke pair together ie No.3 and Stroke oarsperson. Concentrate on getting all the elements of the stroke perfect and in time with each other.

We transferred these skills to the boat with almost 100% success rate. The crew participation points best and fairest was hard to judge. Every crew was having a red-hot go but it was hard to go past Crew 6 taking on Big Wednesday as my 3 points. I split the rest of the crew points as follows: 1 Point went to the Crew 3 - senior girls were awesome as they listened and learnt quickly and developed an accurate stroke technique and so great boat speed, 1 point Crew 4 - 9/10 girls exhibited accelerated skill development and were able to listen to the boat noises to get their timing, 1 point to Crew 7- 7,8,9 boys picked up the idea of concentration and timing being crucial very quickly.

My best and fairest oarspersons are as follows each person received one point - Mason Anderson, Macy Lloyd, Molly Helgeland, Isaac Longford, Shelley Dalton and Camden Matarazzo.



There were a couple of really great quotes for the week – Isaac Longford “You just have to get in the zone.”, a reference to the concentration required to do your job with your own oar and concentrate on timing and rhythm as a member of the crew.

Mr Comi “The tide did come in!”, after learning that the surf boats had been washed 4 meters above the normal level of the lake where we found them on Thursday morning after the Big Wednesday storm surge.



Sweeping (steering) a surfboat is as difficult a skill to learn as rowing is. I acknowledge the fine efforts of Mr Comi and Mr Cutting in attempting to master these new skills. It is important to note that steering a rowing boat is made easier by a well balance and expert crew then the sweep only has to make gentle adjustments to the direction of the boat. The sweep has to remember and to deliver a lot of instructional calls, advise the crew on adjustments to their stroke, make subtle adjustments to his or her own centre of gravity in relation to the boat in balance, as well as make adjustments in direction according to the

wind and conditions on the water. It is a very busy job. All crew members need to be kind to their beginner sweeps and make life easier by following instructions quickly and calmly and perfecting your stroke and timing.

I would like to thank Mr Comi and the teaching staff at Balranald Central School for making adjustments to your Term 4 timetable and allowing me to run this program in a busy period on the school calendar. I would like to acknowledge the generous support of staff, both those who helped supervise with me at Lake Marimley and those that covered classes for them. Thanks Mr Comi, Mr White, Mr Cutting and Miss Tolley for helping me at the Lake. Thanks must also go to Mrs Dalton in the canteen for my great lunches and to Drew the GA for getting both trailers and boats up to speed in serviceable condition. I look forward to a return visit in the not too distant future. Best wishes to everyone for the rest of the school year!

Many thanks with kind regards
Ian Backhouse



PS – I also really enjoyed the friendly Balranald community welcome and the wonderful service by students in the various shops in the town before and after school. Best vanilla slice ever!

HSC Agriculture



On Wednesday 25th November, the HSC Agriculture students travelled to 'Riverina Beef' at Yanco to complement their Farm Product 'Beef' Unit. We have been learning about market specifications, meat quality and how consumers influence the production and processing stages.

We visited the feedlot that currently feeds 53000 head and then were able to see how the animals were processed in the abattoir. The students will now use their knowledge and understanding to complete their assessment and have hopefully a better understanding of where and how our food comes from.

**St. Vincent De Paul
St Dymphna Conference**

Christmas Hampers

Please if you are in need of a

CHRISTMAS HAMPER

CONTACT SUE ON 0458 630877

Leave your details and telephone number
and we will contact you

ALL NAMES TO BE in

By Wednesday 9th DECEMBER

Indigenous Activities



Swampy the Frog

